



GERARD GUMBOC RPT **New Clinic, New Director**

Gerard earned his Bachelor's degree in Physical Therapy in 2003. Since then, he has worked in a variety of prestigious hospitals in the Los Angeles area treating many post-operative orthopedic and cardiac cases. He joined the team at CompletePT in January 2007. In November 2007, he became the Clinical Director at our new satellite branch in the Motion Picture compound in Woodland Hills, CA. Gerard is recognized for his compassionate service to his patients and always tries to help them reach their full potential.



CompletePT Gets Results.

This pool program saved my life. I had pain from my groin to my knee when I came to CompletePT. Now I can work out. I've gone from a size 8 to a size 2/4 and I can even go skiing in Europe.

ROBIN BLAKE
ACTRESS AND PATIENT

After five spinal surgeries in the last fifteen years, I have tried every kind of therapy to regain my strength and to be able to exercise. The minute I got in the pool at CompletePT, with its amazing program and unequalled therapists, it was as though a miracle had occurred. Within weeks, I had toned up incredibly, regained my strength, and gotten rid of virtually all of my pain. Do not despair — this will really work for you, physically and mentally.

JUDY KESSLER
ARTIST AND PATIENT

"This all started with my mother..."



From right: Jodie Foster with her mother Evelyn, and Lynda Huey, Owner of CompletePT

Ten years before the opening of the Saban Center, one of CompletePT's physical therapists had created a pool rehabilitation program for Evelyn Foster, Jodie's mother. Evelyn came to believe in our program and subsequently her daughter donated funds to build a pool in Woodland Hills for use by those in the entertainment industry. Today the Jodie Foster Aquatic Pavilion, designed by the SmithGroup Architects with help in pool design by Lynda Huey, is a bright jewel both visually and functionally.

Free Lecture Series Kicks Off May 15

May is arthritis month. Do you suffer from pain in your joints, stiffness, swelling, or the inability to complete your daily activities as well as you would like? If you answered yes, you may be affected by arthritis. To help our patients learn more about this disorder, we have asked rheumatologist Elayne Garber, M.D. to be the first speaker in our new educational lecture series. Dr. Garber teaches at the Geffen UCLA School of Medicine, is an attending physician at Cedars-Sinai Medical Center, and is in private practice in the Cedar towers in Los Angeles. Dr. Garber will discuss the various arthritis diseases, the physiology, treatments, and then answer your questions.

**Please join us at CompletePT on Thursday, May 15th.
Reception & appetizers at 7pm. Dr. Garber to speak at 7:15pm.
Seating is limited. RSVP to 310.845.9690.**

Do you have pain in your knee when you...

1. Walk in the grocery store? YES NO
2. Get in and out of the car? YES NO
3. Sit for a long period of time? YES NO
4. Go up and down stairs? YES NO
5. Stand up from the couch? YES NO
6. Stand in line? YES NO
7. Get on and off the toilet? YES NO
8. Pick up an object off the floor? YES NO
9. Walk up or down hills? YES NO
10. Stand after watching a movie? YES NO

Total answered yes: _____

If you answered "yes" to:

1-3 questions: You are probably doing fine.

4-6 questions: Call CompletePT
for a free knee screening.

7-10 questions: Call us to begin treatment
right away!

310.845.9690

Now Open: CompletePT at the Saban Center for Health and Wellness

In August, 2007, over a hundred dignitaries, VIPs, and celebrities were on hand to celebrate the opening of the luxurious new Saban Center on the Motion Picture & Television Fund campus in Woodland Hills. Los Angeles Mayor Antonio Villaraigosa spoke of the Hollywood magic that gives hope to Los Angeles and the world, and he referred to the cutting-edge health and wellness programs to take place in the new center. Acclaimed actress Jodie Foster said, "This all started with my mother. She did so well in pool therapy [with CompletePT] that we decided there should be a pool here for use by members of the entertainment industry."

CompletePT is proud to offer our advanced pool and land physical therapy services at the Jodie Foster Aquatic Pavilion inside the Saban Center, in addition to treating all patients at our established West Los Angeles location.



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